

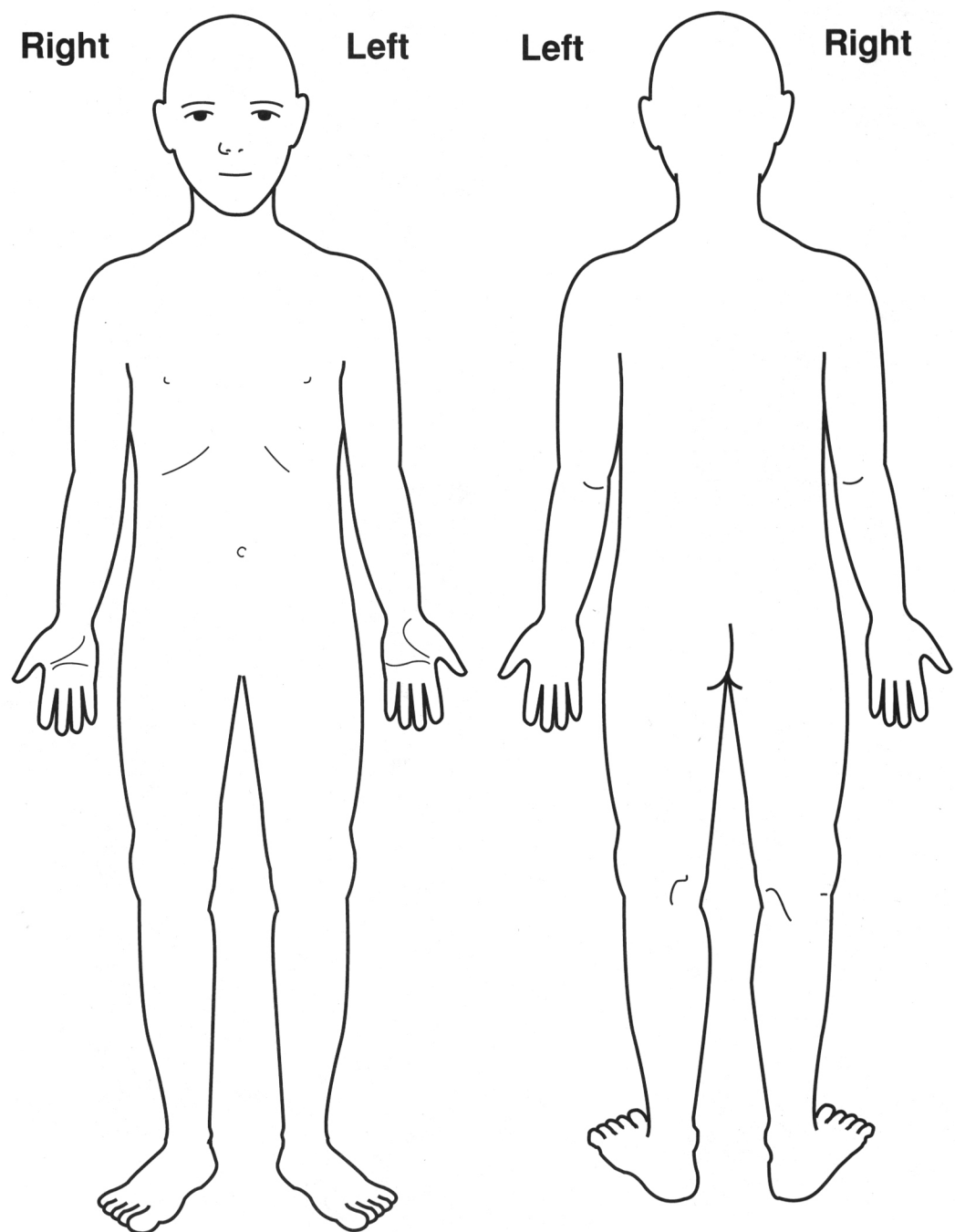
CODE _____

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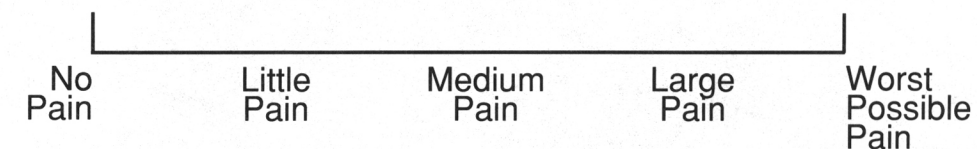
ADOLESCENT PEDIATRIC PAIN TOOL (APPT)

INSTRUCTIONS:

1. Color in the areas on these drawings to show where you have pain. Make the marks as big or small as the place where the pain is.



2. Place a straight, up and down mark on this line to show how much pain you have.



3. Point to or circle as many of these words that describe your pain.

- | | | | |
|--|---|--|---|
| ¹
annoying
bad
horrible
miserable
terrible
uncomfortable
²
aching
hurting
like an ache
like a hurt
sore
³
beating
hitting
pounding
punching
throbbing
⁴
biting
cutting
like a pin
like a sharp knife
pin like
sharp
stabbing | ⁵
blistering
burning
hot
⁶
cramping
crushing
like a pinch
pinching
pressure
⁷
itching
like a scratch
like a sting
scratching
stinging
⁸
shocking
shooting
splitting
⁹
numb
stiff
swollen
tight | ¹⁰
awful
deadly
dying
killing
¹¹
crying
frightening
screaming
terrifying
¹²
dizzy
sickening
suffocating
¹³
never goes away
uncontrollable
¹⁴
always
comes and goes
comes on all of
a sudden
constant
continuous
forever | ¹⁵
off and on
once in a while
sneaks up
sometimes
steady

If you like,
you may add
other words:

For office use only.
BSA: _____
IS: _____
#S(2-9) _____ /37= _____ %
#A(10-12) _____ /11= _____ %
#E(1,13) _____ /8= _____ %
#T(14,15) _____ /11= _____ %
Total _____ /67= _____ % |
|--|---|--|---|