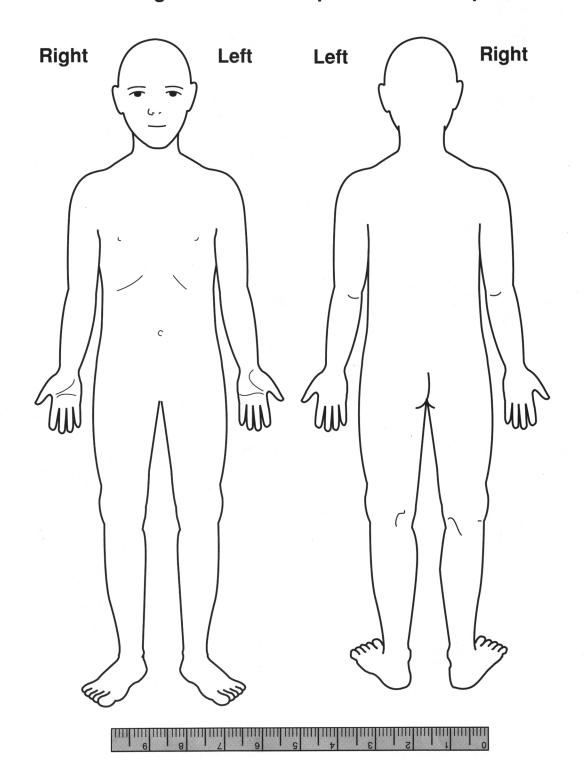
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ADOLESCENT PEDIATRIC PAIN TOOL (APPT)

INSTRUCTIONS:

1. Color in the areas on these drawings to show where you have pain. Make the marks as big or small as the place where the pain is.



2. Place a straight, up and down mark on this line to show how much pain you have.

No	Little	Medium	Large	Worst
Pain	Pain	Pain	Pain	Possible

3. Point to or circle as many of these words that describe your pain.

1	5	10	15		
annoying	blistering	awful	off and on		
bad	burning	deadly	once in a while	2	
horrible	hot	dying	sneaks up		
miserable	6	killing	sometimes		
terrible	cramping	11	steady		
uncomfortable	crushing	crying			
2	like a pinch	frightening			
aching	pinching	screaming	If you like,		
hurting	pressure	terrifying	you may add		
like an ache	7	12	other words:		
like a hurt	itching	dizzy			
sore	like a scratch	sickening		-	
3	like a sting	suffocating		-	
beating	scratching	13		_	
hitting	stinging	never goes away			
pounding	8	uncontrollable	For office use only.		
punching	shocking	14	•		
throbbing	shooting	always	BSA:		
4	splitting	comes and goes	IS:		
biting	9	comes on all of	#S (2-9)/		01
cutting	numb	a sudden			
like a pin	stiff	constant	#A ⁽¹⁰⁻¹²⁾ /		
like a sharp knife	swollen	continuous	#E(1,13)/	8 =	_%
pin like	tight	forever	#T(14,15)/	11=	%
sharp					
stabbing			Total/	67=	_%

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